

A decorative border of orange pumpkins with jack-o'-lantern faces surrounds the entire page.

2020 CHAM Virtual Diabetes Halloween Scavenger Hunt

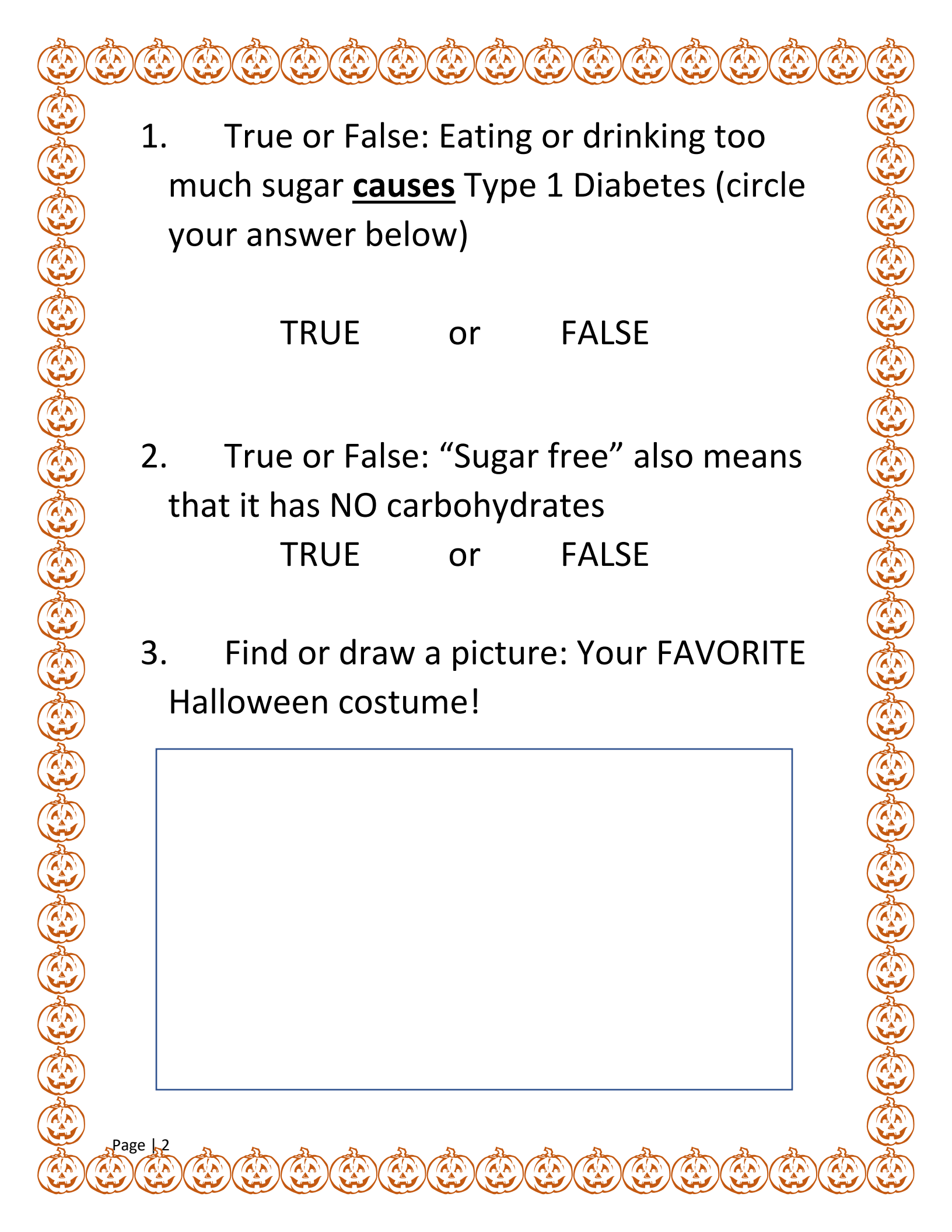
Please let us know who you are!

Patient Name:

Patient Date of Birth:

Parent/Guardian Email:

Phone Number:

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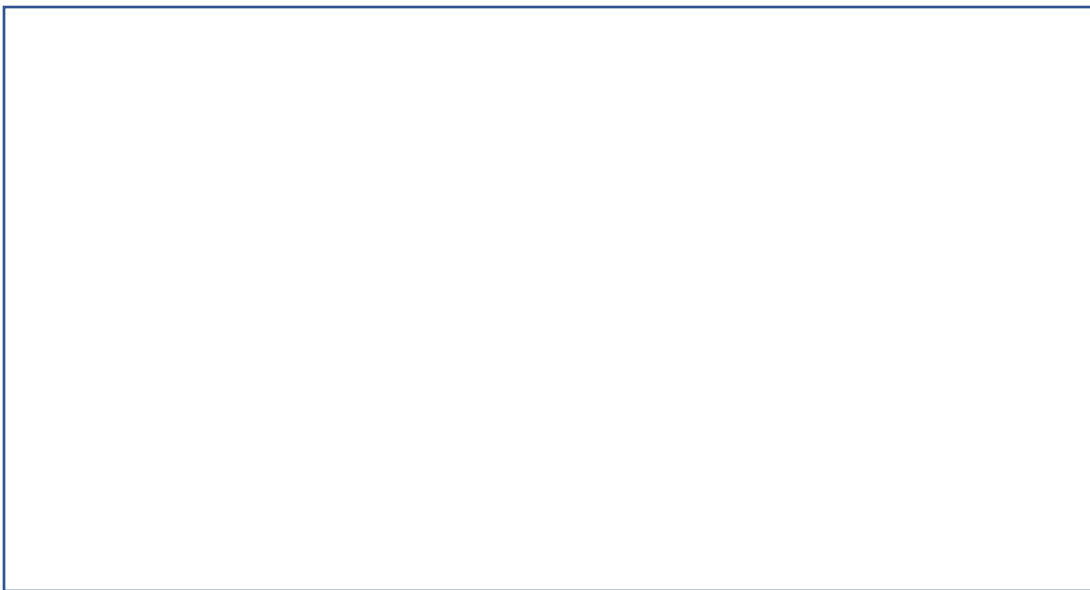
1. True or False: Eating or drinking too much sugar causes Type 1 Diabetes (circle your answer below)

TRUE or FALSE

2. True or False: “Sugar free” also means that it has NO carbohydrates

TRUE or FALSE

3. Find or draw a picture: Your FAVORITE Halloween costume!

A large, empty rectangular box with a blue border, intended for a student to draw or find a picture of their favorite Halloween costume.

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4. Find or draw a picture: 1 Halloween candy that is a good treatment for low blood sugar (Hint: it's not chocolate;

<https://www.jdrf.org/blog/2018/10/22/halloween-candy-carb-counts/>)



5. Find or draw a picture: The insulin pump that works with the Dexcom and helps to ***control*** your blood sugar

(Hint: <https://www.tandemdiabetes.com/>)



6. Find or draw a picture: The insulin pump with **no** tubing (Hint: <https://www.omnipod.com/DASH>)



7. Is a pumpkin a fruit or a vegetable?

8. Look at the nutrition label below.

Hint: <https://www.diabetes.org/nutrition/understanding-food-labels>



The image shows a nutrition label for cookies. The label is titled "Nutrition Facts" and indicates that there are about 10 servings per container. The serving size is 2 cookies (36g). The amount per serving is 180 calories. The label lists various nutrients and their percentages of daily value: Total Fat (9g, 12%), Saturated Fat (3g, 15%), Trans Fat (0g), Cholesterol (0mg, 0%), Sodium (90mg, 4%), Total Carbohydrate (25g, 9%), Dietary Fiber (0g, 0%), Total Sugars (17g, 34%), Protein (Less than 1g), Vitamin D (0mcg, 0%), Calcium (9mg, 0%), Iron (0.94mg, 6%), and Potassium (35mg, 0%). A footnote explains that the % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet of 2,000 calories a day.

Nutrition Facts	
about 10 servings per container	
Serving size 2 cookies (36g)	
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 17g Added Sugars	34%
Protein Less than 1g	
Vitamin D 0mcg	0%
Calcium 9mg	0%
Iron 0.94mg	6%
Potassium 35mg	0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

How many carbohydrates are in 2 cookies? _____

How many carbohydrates are in 1 cookie? _____

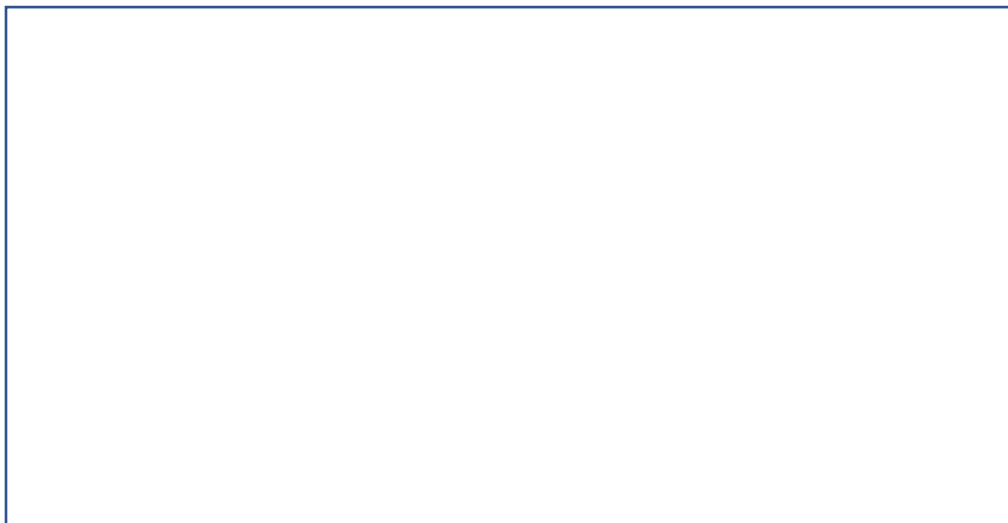
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9. Find or draw a picture: A fruit that you can pick in the Fall



10. Draw a picture or describe with words: How you might feel if your blood sugar is too high (Hint:

https://www.novomedlink.com/content/dam/novonordisk/novomedlink/patient-support/disease-education/en/documents/HighBloodSugar_EN.pdf)



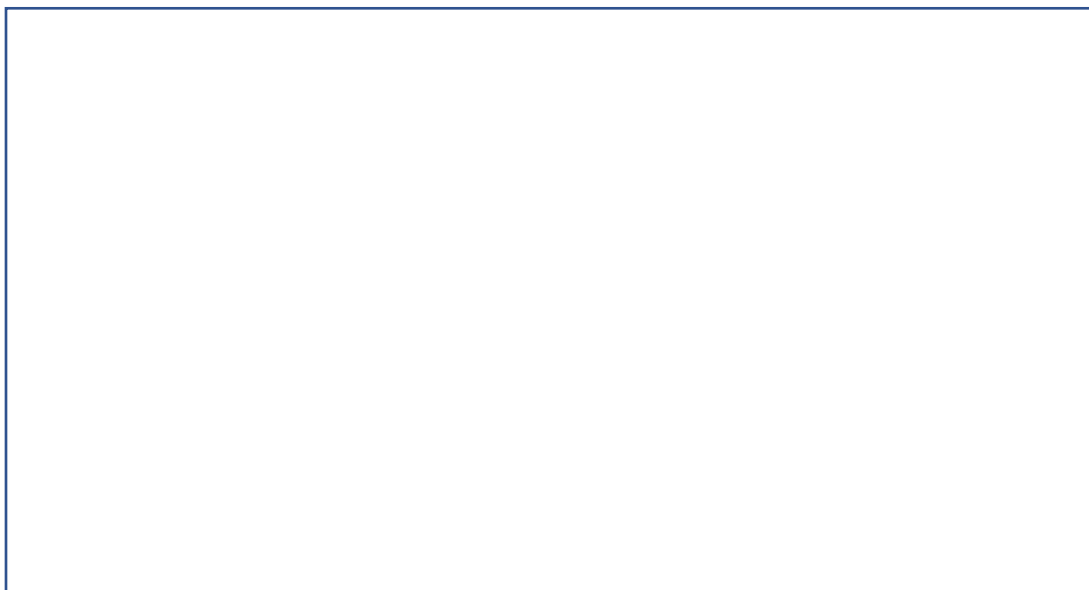


11. Find or draw a picture: A Jack-o-Lantern



12. Draw a picture or describe with words:
How you might feel if your blood sugar is
too low (Hint:

https://www.novomedlink.com/content/dam/novonordisk/novomedlink/patient-support/disease-education/en/documents/LowBloodSugar_EG.pdf)



13. What is this and when should you wear it?

Hint: <https://www.americanmedical-id.com/diabetes/>



14. What is the emergency diabetes pager phone number?

Hint: <https://www.cham.org/specialties-and-programs/endocrinology-diabetes/our-expertise>

15. What is the phone number to the diabetes office?

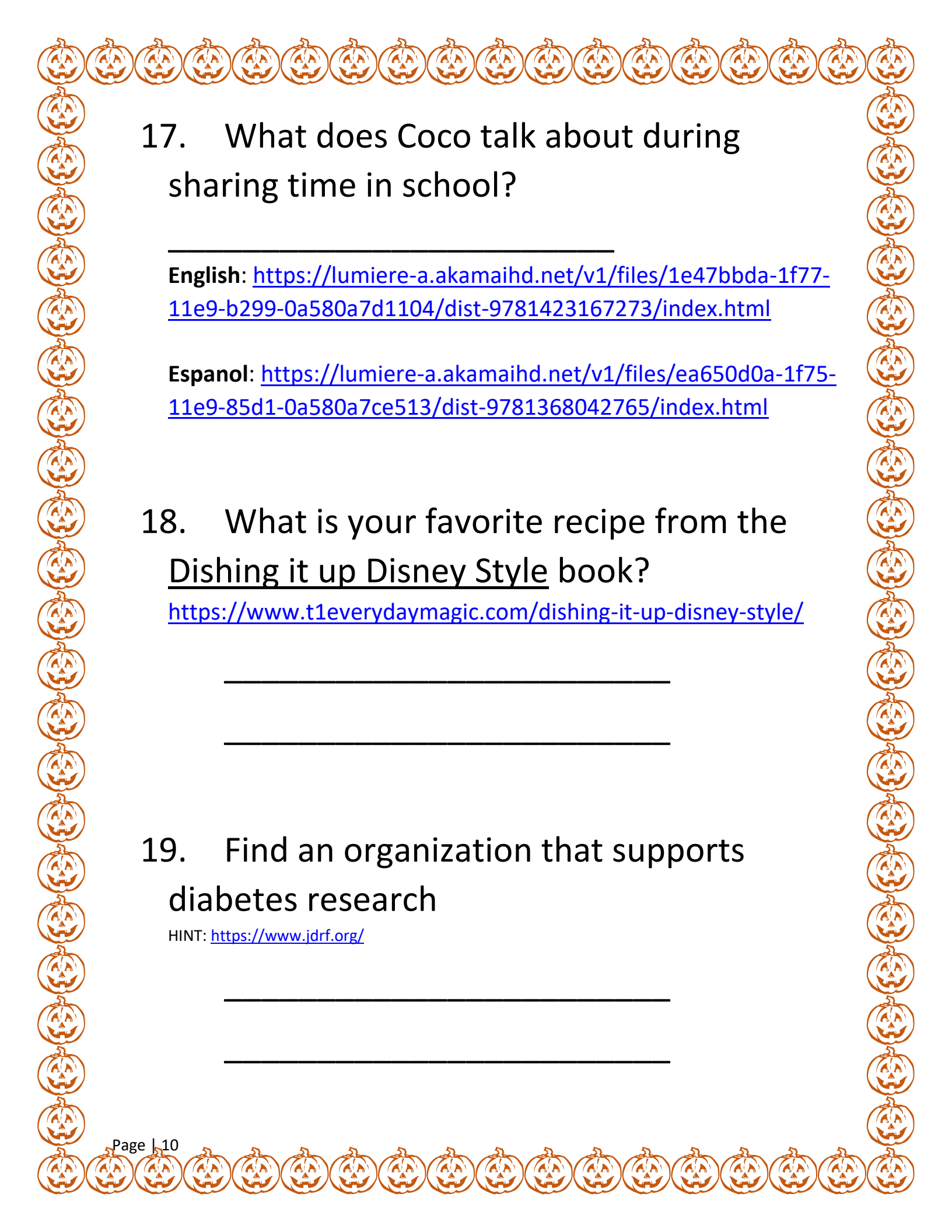
Hint: <https://www.cham.org/specialties-and-programs/endocrinology-diabetes/our-expertise>

16. True or False: All 4 of these below are a form of Glucagon medication

TRUE or FALSE



Hint: <https://www.gvokeglucagon.com/>
<https://www.lillyglucagon.com/>
<https://www.baqsimi.com/>

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17. What does Coco talk about during sharing time in school?

English: <https://lumiere-a.akamaihd.net/v1/files/1e47bbda-1f77-11e9-b299-0a580a7d1104/dist-9781423167273/index.html>

Espanol: <https://lumiere-a.akamaihd.net/v1/files/ea650d0a-1f75-11e9-85d1-0a580a7ce513/dist-9781368042765/index.html>

18. What is your favorite recipe from the Dishing it up Disney Style book?

<https://www.t1everydaymagic.com/dishing-it-up-disney-style/>

19. Find an organization that supports diabetes research

HINT: <https://www.jdrf.org/>

20. Draw or name the only “Smart insulin pen” that is available! (Hint: <https://www.companionmedical.com/>)



21. What is the name of this device? Name 1 reason that it is helpful for you!

(Hint: <https://www.dexcom.com/g6-cgm-system>)



22. What is the name of this device? Name another reason that this type of device is helpful for you! (Hint: <https://www.freestylelibre.us/system-overview/freestyle-libre-2.html>)



CONGRATULATIONS! You have finished!

How to submit your completed virtual scavenger hunt:

- Email pictures of your completed scavenger hunt to the following email address: ADM_202.9weafjkctxq752hw@u.box.com
- OR Drop it off on CHAM4
- OR Fax to 718-405-5609
- OR Mail to:

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